



Words for feelings

abandoned
accused
affectionate
afraid
agreeable
alone
ambivalent
angry
animated
anxious
apathetic
apprehensive
ashamed
astounded
attacked
awed

beaten down
belittled
betrayed
bitter
blue
bold
brave
bright
bubbly
burdened

calm
capable
captivated
carefree
caring
cautious

challenged
charmed
cheated
cheerful
childish
clear
clever
combative
comfortable
competitive
condemned
confident
confused
conspicuous
contented
contrite
cosy
criticised
cruel
crushed

destructive
determined
devalued
different
diffident
diminished
disappointed
disconnected
disgusted
dismayed
disorganised
disrespected
disrespectful

distracted
disturbed
dominating
dragged down
dreading
dubious
dumb

eager
ebullient
ecstatic
embarrassed
empty
enchanted
energetic
enraged
envious
evil
exasperated
excited
explosive
exposed
expressive

fascinated
fearful
fed up
flustered
fobbed off
foolish
forgotten
frantic
frazzled
free

frightened
frustrated
fun
furious

gay
generous
giving
glad
gratified
greedy
grieving
guilty
gullible

happy
hateful
having mixed
emotions
helpful
helpless
homesick
honoured
hopeless
horrible
humiliated
humourous
hurt
hurtful
hysterical

ignored
immortal
impatient

imposed upon
impressed
inadequate
infatuated
infuriated
insecure
insignificant
inspired
intimidated
irritated
isolated

jealous
joyous
judged
jumpy

kind

lazy
left out
lied to
light
lively
lonely
longing
loose
lost
loving
low

mad
made fun of
made wrong

maligned
mean
melancholy
miserable
misrepresented
misunderstood

naughty
neglected
nervous
not listened to
not sure what to do

obnoxious
obsessed
odd
open
outraged
over-burdened
over-loaded
over-protected
over-worked
overwhelmed

pained
panicked
patient
patronised
peaceful
persecuted
petrified
picked on

pity
playful
pleasant
powerful
precarious
pressured
proud
put down
puzzled
quarrelsome
queer
quiet

rage
rapture
real
refreshed
rejected
relaxed
reluctant
remorseful
responsible
responsive
restless
reverent
righteous

sad
satisfied
scared
scared you can't
sceptical

secure
selfish
serene
settled
shocked
shut down
sick
sick of
silly
sleepy
sneaky
solemn
sorrowful
spiteful
spontaneous
startled
stingey
strange
strong
stuck
stunned
surprised
swamped
sympathetic

talkative
teary
tempted
tense
tenuous
terrible
terrified

threatened
thrilled
thwarted
tired
told off
torn
tricked
troubled

un-noticed
unable
unacceptable
unaccepted
unappreciated
undermined
unforgiven
unlovable
unloved
unsure
upset
used

victimised
vulnerable

weak
whole
wicked
worn down
worn out
worried
yearning