



List of Descriptive Praise Prompt for Sam (aged 12 at the time)

Things to praise Sam for

Homework & School

- Not Moaning
- Moaning only a little bit
- Using self-control
- Being focused, keeping eyes on work, not being distracted
- Getting to work quickly
- Using initiative e.g. if don't have homework thinking what to do by self
- Breaking tasks down into smaller steps to be able to praise each step e.g. Maths-showing work, setting out clearly, thinking logically, getting each step right, showing an understanding of the concept.....History/Classical Civilisations/English – writing a sufficient amount, comprehensive answers, neat handwriting, research/text finding, answers independently, extending vocabulary, analysing text by reference to learnt techniques e.g. *You're considering how the author is using metaphors/similes and what effect this has on the text, you've backed up your points with a quote/example, your language here is descriptive – you've used several adjectives and adverbs.*
- Working quietly i.e. asking questions in a low voice
- Managing time well e.g. planning to do work that requires help from parent when relevant parent is available, doing hardest homework while fresh
- Looking at books and praise good marks/comments
- Packing everything away when homework is finished
- Asking teachers for help, being clear about what's difficult, thanking them for assistance
- Developing strategies for remembering to hand in work not at class time
- Participating in school life
- Developing strategies for contacting classmates about homework

Household Chores

- Making Bed
- Putting PJs on bed
- Washing face in morning
- Using deodorant
- Putting clothes in the wash
- Hanging up bath towel
- Feeding dogs
- Cooking dinner once a week

- Setting/clearing the table thoroughly i.e. scraping and putting plates in the dishwasher and anything that doesn't go in the dishwasher put in soapy water filled sink. If dishwasher is full emptying it or washing up dishes
- Taking responsibility for jobs e.g. knowing when it his turn and completing them thoroughly
- Remembering to brush teeth
- Having a positive outlook on the day

Nutrition

- Taking vitamins
- Eating fruit
- Drinking water –take bottle to school
- Eating larger portions
- Trying new foods
- Trying meals at school sometimes
- Keeping still at the table

General

- Looking at people when talking
- Saying 'hello [name]' when greeting someone
- Being willing to try new things
- Being appreciative
- Being positive, solution oriented, friendly
- Being considerate, helpful
- Being a good friend – willing to do what friends do, listening to others, doing things together