



Your turn

1. What behaviours are pushing your buttons or needing your attention right now? (page 184)

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2. Can you see any possible reason for the behaviour that you identified above? (page 189)

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3. Can you be brave and identify some behaviours of your own that might contribute to your children's poor behaviour? (page 192)

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4. Go back to the behaviour you identified at the beginning of this chapter. What will your actions be now? Do you need to do anything more than allow your child's feelings to be heard? If so, what steps will you take to help them learn? Will it be a take two or some other kind of consequence? If you need to have a problem-solving conversation what will that sound like? (page 211)

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