



Your turn

1. Siblings

How can you respond to these common sibling comments, addressing the child's real needs?

"You always give him the biggest slice"

Rather than: *No, I don't, I give you the same, don't be silly.*

Instead: *Are you still hungry? Would you like another slice?*

"Mum, it's so unfair; she always sits in that seat!"

Rather than: *Well, she's older and she asked first.*

Instead: *It seems you would like to sit in the front next to Daddy sometimes.*

"You spend hours with Jimmy doing his homework."

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"You love Sylvia more than me."

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"I hate Jamie. He's so stupid."

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One child deliberately knocks over/spoils the other's game/picture.

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2. Friendships

If your children are struggling with friendships it might help to start by asking 'What makes a good friend?' Help your child put together an 'advertisement' for a friend, and name all the qualities they are looking for.

Wanted: good friend

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Use this list to look out for these qualities in your own child and descriptively praise them for being a good friend.

